

Sample Family Emergency Plan

John (43) at 720-937-xxxx, Mary (39) at 720-937-xxxx
Kids: Jeremy (16), Anna (14), Ethan (10)

Allergies: None, Necessary Meds: A, B, C, D

Blood Types: John B+, Mary O-

Emergency Communications

Family outside of CO (To Leave Msg):
Tim Sample 425-xxx-xxxx, Zack Sample 510-xxx-xxxx

Text Nets: Sample Family, msg via GroupMe: 720-466-xxxx;
XXXXX Emerg Twitter Net: 40404

Ham Radio: KD0XXX on 2 meter band at 146.xxx
Walkie Talkie at Ch 17, Sub-Channel 0

Emergency Numbers:

JEFFCO Sheriff (Non-Emergency) (303) 277-0211;
CO Dept of Emergency Management (720) 852-6611;
CO HELP (Dept Public Health & Envir) (877) 462-2911;
Colorado Poison Control Center (800) 222-1200 (Emergency);
Swedish Southwest ER 303-932-6911;
Lutheran Southwest Urgent Care; 303-403-6520;

[PRINT and FOLD the above IN HALF, LAMINATE IT, PUT IT IN EVERY CAR AND ATTACH IT TO EVERY "GO-BAG"]

Instructions for creating a "GroupMe" Emergency Social Network: "GroupMe" can be a super emergency communications tool for families, HT/VT's, Ward/Stake Leaders. Limit Groups to 30 or less; use multiple Groups to prevent "overload" in traffic in any one Group.

It takes only 10 minutes to set up a "Group", and it is FREE. All you do is go to www.groupme.com and create a free "Account", then create a free "Group", then add the names and cell phone numbers of the people (or family members) that you want in that "Group" (i.e. your extended family, the Ward Emergency Leadership Team, your HT family group, etc. Once the Group is established, anyone in the Group can send a SINGLE text message to the free assigned number, and everyone in the Group will get a copy. You can also "dial" the assigned number and GroupMe will attempt to simultaneously dial all of the cell phone numbers to create a large conference call for anyone available.

HOWEVER, DO NOT ADD PEOPLE to the group until AFTER you have talked to them and explained to them what you are doing. If they see the confirmation text message come to their phone and they don't know what it is for, they will either text a response (and everyone in the group will get the email...which can quickly cascade into way too many text messages and expense), or they will simply say "No" and be removed. Create the "account" with a name they can recognize, and then call them before you add their name to the Group and they get messages.

Note: Text message charges may apply for those that don't have a plan that includes them. Use emails during setup for responses to questions.

American Red Cross (Emergencies) (303) 722-7474

Reunite If I can't get back to my Home:

1st Choice: XXX School, next XXX shopping ctr

Evacuation (on order, or Event+4 hrs);

If South: Albertsons at C470, next XXX or XXX house in Highlands Ranch

If North: XXX Building; next 6th Ave XXX bldg; next I-70 Marriott hotel

If West: On Foot=XXX Restaurant Hwy 285; By Car=I-70 Park'n'Ride

If East: Aspen Grove, next XXX Church; next XXX's house

If Leave Front Range by Car: Morrison Park&Ride, next Georgetown Lake, next Dillon:

Emergency Preparedness Items

72-hr kit in every vehicle with medical gear/radios in every kit; extra go bags at home.

If you have time, grab extra warm clothes, good shoes, plus hat and sun glasses, extra cash, and self-defense items.

Take Emergency Document Storage Devices; and all of the water you can carry